

Moonlight Pajama Walk

By Julie Filby

Go for a walk together in the moonlight (in jammies to make it more fun) and discuss how you can be a light to the world by reflecting the Light of Christ to others.

For

Young Family

Season

Summer

Needed

Pajamas, flashlights, Bible (or use the text on the next page), an area to walk, or a patio or deck where you have a good view of the night sky



Prepare in Advance

- Check the weather forecast for a clear night and a full moon.
- Read and reflect of Scripture passages related to light such as John 8:12, John 9:5, and Matthew 13:1-9.
- Consider how you serve as a light to others.

Activity Plan:

1. Each family member (kids and grown-ups) gets dressed in their pajamas before gathering and starting with the following prayer:

Come Lord Jesus, be with us tonight. It is only through you that we can serve as a light for others. Help us light the way to your kingdom. Amen.

2. Designate someone to read John 8:12, John 9:5 and Matthew 5:13-16 aloud, either a parent or if there is a child (children) comfortable reading from the Bible, give them the honors.
3. After the Scripture readings, head out—flashlights in hand—for a walk (whatever equates to a reasonable length for the youngest walker in your party). Stroll around the block, or otherwise around the neighborhood. If it's not prudent to be out walking after dark, consider a walk around the backyard, or spend time on a deck or patio.
4. Explain that the light from the moon is reflected from the sun. Tell your children that Jesus is the Light of the World, and we reflect his light by our faith and actions.
5. Share ways that you believe you are a light to the world with your faith, words and actions; then ask your children: How do you serve as a light of the world in your words and deeds? Prompt them if needed: kindness, patience, generosity, helpfulness, etc.
6. Optional: when returning from your walk, play a game or two of flashlight tag in your backyard (if your children are old enough to be running around in the dark). Whoever is "it," tags someone else by shining the flashlight on him or her.



The Light of the World

John 8:12

Jesus spoke to them again, saying, "I am the light of the world. Whoever follows me will not walk in darkness, but will have the light of life."

John 9:5

"While I am in the world, I am the light of the world."

The Similes of Salt and Light

Matthew 5:13-16

"You are the salt of the earth, but if salt has lost its taste, how shall its saltiness be restored? It is no longer good for anything except to be thrown out and trampled under people's feet."

"You are the light of the world. A city set on a hill cannot be hidden. Nor do people light a lamp and put it under a basket, but on a stand, and it gives light to all in the house. In the same way, let your light shine before others, so that they may see your good works and give glory to your Father who is in heaven."

